



## VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

July 13, 2022

9:00 a.m. to 11:00 am

Area Agency on Aging Advisory Council Center  
646 County Square Drive, Ventura

<https://us06web.zoom.us/j/88169383919>

VCAAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA’s mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

### A G E N D A

- 9:00 a.m.
1. Call to Order and Agenda Review Karen Gorback
  
  2. Pledge of Allegiance William Nelson
  3. Administering the Oath of Office Monique  
Nowlin
  4. Approval of Area Agency on Aging Advisory Council Minutes of  
May 11, 2022 Karen Gorback
  
  5. Public Comments  
  
Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.
  
  6. Consent Agenda Items Karen Gorback
    - 6.1 Housing Committee Report – May 17, 2022
    - 6.2 Transportation Committee Report – May 31, 2022
    - 6.3 Work Force Committee Report – May 26, 2022
    - 6.4 Optimal Aging Committee Report – March 24, 2022
    - 6.5 Optimal Aging Committee Report – May 25, 2022

## DISCUSSION ITEMS/PRESENTATION/MOTION

- |     |  |                   |
|-----|--|-------------------|
| 7.1 | Consider Adoption of a Resolution Authorizing Remote Staff Teleconference Meetings of the Advisory Council for a 30-Day Period Pursuant to Government Code Section 54953, Subdivision (e), of the Ralph M. Brown Act | Karen Gorback     |
| 7.2 | VCAAA Meal Program update  | Victoria Jump     |
| 7.3 | Governor's Budget Update – new investments for older adults  | Victoria Jump     |
| 7.4 | Formation of committees - intergenerational meals and legal  | Victoria Jump     |
| 7.5 | Review of ADRC Program Year to Date and Board Providing Direction for FY 2022-2023 <ul style="list-style-type: none"><li>• End of Year Data Report</li><li>• Discuss Proposed Goals</li></ul>                        | Ben Rhodes        |
| 7.6 | PIO Update   | Jannette Jauregui |

## INFORMATIONAL ITEMS

- |              |   |  |
|--------------|---|--|
| 8.           | Meeting Calendar  | Karen Gorback  |
| 9.           | Committee Selection   | Karen Gorback  |
| 10.          | Other Committee Meetings: <ul style="list-style-type: none"><li>a. California Senior Legislature Update</li><li>b. VCAAA Foundation Update</li><li>c. LGBTQ Aging Coalition</li><li>d. Dementia Friendly Ventura County</li></ul> | Gitt/Gorback/<br>Guerra<br>Nowlin<br>Shapiro<br>Nowlin |
| 11.          | Comments from the Chair   | Karen Gorback  |
| 12.          | Other Business  | Karen Gorback  |
| 11:00 am 13. | Adjournment   | Karen Gorback  |

### The next meeting will be:

Wednesday, September 14, 2022 (9:00 am – 11:00 am)

Via Zoom and in person

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING  
Advisory Council Meeting Minutes  
646 County Square Drive, Suite 100  
Ventura, CA 93003  
May 11, 2022

Advisory Council Members Present:

|  |  |
|--|--|
| Loretta Allen (Thousand Oaks COA)        | Maureen Hodge (Focused Population)       |
| Stephanie Belding (Thousand Oaks COA)    | Carol Leish (Focused Population)         |
| Ronald Berkowsky (Focused Population)    | William Nelson (Ventura COA)             |
| Deirdre Daly (Ojai COA)                  | Peter Schreiner (Focused Population)     |
| Smita Dandekar (Supervisorial Appointee) | Martha Shapiro (Service Provider)        |
| Tony Gitt (CSL)                          | Alice Sweetland (Oxnard COA)             |
| Karen Gorback (CSL)                      | Sue Tatangelo (Focused Population)       |
| Rossanna Guerra (CSL)                    | Sylvia Taylor-Stein (Focused Population) |

Advisory Council Members Absent:

|                                    |                                   |
|------------------------------------|-----------------------------------|
| Aleta Buckelew (Thousand Oaks COA) | Anita Ruiz (BOS)                  |
| Lynette Harvey (Service Provider)  | Jeanette Sanchez-Palacios (BOS)   |
| Carol Martin (Simi Valley COA)     | Marietta Sperry (Simi Valley COA) |
| Maria Munguia (SP COA)             | Mike Williams (Service Provider)  |
| Bill Nugent (Ojai COA)             | Allen Zarkin (Camarillo COA)      |
| Clark Owens (Oxnard COA)           |                                   |

VCAAA Staff Members Present:

|   |  |
|---|--|
| Julianna Eusano (Fall Prevention)       | Victoria Jump (Director)               |
| Haleh Hashemzadeh (Clinical Operations) | Ben Rhodes (Direct Program Operations) |
| Jannette Jauregui (PIO)                 | Monique Nowlin (Deputy Director)       |

Members of the Public Present:

Denise Calhoun

- 1) **Call to Order and Agenda Review** – The May 11, 2022, Advisory Council meeting was called to order at 9:18 am by Chair Karen Gorback).
- 2) **Pledge of Allegiance** – The Pledge of Allegiance was led by Alice Sweetland.
- 3) **Approval of Area Agency on Aging Advisory Council Minutes of March 9, 2022 -**

Motion: Approve

Moved by Alice Sweetland, seconded by Carol Martin

Result: Motion Passed

- 4) **Public Comments** – None

Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

**5) Consent Agenda Items**

**5.1 Housing Committee Report from March 15, 2022**

**5.2 Transportation Committee Report from March 9, 2022**

**5.3 Nutrition and Health Committee Report from March 16, 2022**

**5.4 Workforce Committee Report from March 18, 2022**

Motion: Approve all consent agenda items

Moved by Sue Tatangelo, seconded by Carol Martin

Result: Motion passed

**DISCUSSION ITEMS/PRESENTATION/MOTION**

**6.1) Consider Adoption of a Resolution Authorizing Remote Staff Teleconference Meetings of the Advisory Council for a 30-Day Period Pursuant to Government Code Section 54953, Subdivision (e), of the Ralph M. Brown Act**

Motion: Approve

Moved by Carol Martin, seconded by Sylvia Taylor-Stein

Result: Motion Passed

**6.2) Election of Officers for FY 2022-2023; One Service Provider, and One Focused Population Veterans Representative for Two Year Terms Starting July 1, 2022, through June 30, 2024; and Reappointing Three California Senior Legislature Representatives for Four Year Terms Starting July 1, 2022, through June 30, 2026**

Election of Officers for FY 2022-2023

Chair: Karen Gorback

Vice Chair: Martha Shapiro

Secretary: Bill Nelson

Election of Service Provider and Focused Population Veterans Representative

Service Provider: Jaydon Gaines - Independant Living Resource Center

Focused Population Veterans Representative: Reynoldo Rivera

Motion: Approve

Moved by Sue Tatangelo, seconded by Deirdre Daley

Result: Motion passed

Motion: Approve Karen Gorback, Rossanna Guerra and Tony Gitt as CSL representatives.

Moved by Sue Tatangelo, seconded by Martha Shapiro

Result: Motion passed

**6.3) Recommendation to Renew FY 2022-2023 Grantee/Contractor Funding and Related Service Categories Including Service Category Deviation Greater or Less than 10%**

Motion: Approve

Moved by Alice Sweetland, seconded by Carol Marin

Abstained: Sue Tatangelo, Sylvia Stein and Martha Shapiro

Result: Motion passed

**6.4) Ratification and Approval of the FY 2022-2023 Strategic Plan Update**

Motion: Approve

Moved by Carol Martin, seconded by Tony Gitt

Result: Motion passed

**6.5) Recommendation of the By-Laws Committee to Approve Changes to the VCAA By-Laws and Forward to the Board of Supervisors for Approval**

Motion: Approve

Moved by Sue Tatangelo, seconded by Sylvia Stein

Result: Motion passed

**6.6) Recognition of Advisory Council Members Leaving the Council –** Monique Nowlin informed the committee of members leaving: John Gardner (2 terms), Sylvia Taylor-Stein (6 terms), Mike Williams (3 terms), Sandra Fide and Breeze Zuckerman.

**6.7) Review of ADRC Program Year to Date and Board Providing Direction for FY 2022-2023 –** Ben Rhodes gave a PowerPoint presentation highlighting the Call Center data for FY 2021-2022. The call center received an approximate 22,850 calls with a contact marker. Most calls received were focused on Health/Medical, Financial Assistance, Transportation and Food. The committee is requesting a more in-depth analysis of the Call Center data presented at the July 13, 2022, Advisory Council meeting.

**6.8) PIO Update –** A presentation was made by Paul Morillo for [www.getsetup.org](http://www.getsetup.org). (Live interactive learning platform exclusively for older adults). Get Set Up is a grant funded organization offering no cost classes for older adults.

**INFORMATIONAL ITEMS****7) Other Committee Meetings**

**a. California Senior Legislature Update** – Tony Gitt gave a report on the CSL Senior Rally Day hosted May 3, 2022. Key speakers were: Kim McCoy (Senior Advisor on Aging, Disability and Alzheimer’s, Governor’s Office), Susan Demarois (Director, California Department of Aging), Adam Willoughby (Assistant Director, Legislation and Public Affairs California Department of Aging), Mariya Kalina (Executive Director California Collaborative for LTSS). The presentation highlighted senior growth in California and 5 Year Master Plan on Aging.

**b. VCAAA Foundation Update** – Monique Nowlin informed the committee that the Senior Nutrition Garden video is up on the VCAAA website. The Foundation Committee is also seeking to support funding a Memory Café in the 2022-2023 FY for older adults with dementia.

**c. LGBTQ Aging Coalition** – Martha Shapiro did not have any updates for today’s meeting but is requesting 5 minutes for the July 13, 2022 Advisory Council meeting to provide updates.

**d. Dementia Friendly Ventura County** – Haleh Hashemzadeh shared with the committee that the last meeting for Dementia Friendly was focused on Project Lifesaver and discussed the initial launch and scope of the program.

- 8) Comments from the Chair** – Chair Gorback thanked the committee for their time and trust in the organization.
- 9) Other Business** - None
- 10) Adjournment** – The May 11, 2022, Advisory Council meeting was adjourned at 11:02 AM.

**TO:** VCAAA Advisory Council Members  
**FROM:** Martha Shapiro, Committee Chair  
**DATE:** May 17, 2022  
**SUBJECT:** **Housing Committee Report from May 17, 2022**

Housing Committee Members Present:

Stephanie Belding (Thousand Oaks COA)      Bill Nugent (Ojai COA)  
Rossanna Guerra (CSL)      Martha Shapiro (Service Provider)

Housing Committee Members Absent:

Deirdre Daly (Ojai COA)      Peter Schreiner (Focused Population)

VCAAA Staff Members Present:

Monique Nowlin (Deputy Director)  
Ben Rhodes (Direct Program Operations Manager)  
Sonia Vaughn (Call Center Manager)  
Rene Verduzco (Management Assistant)

1. **Welcome and Introductions** – The meeting was called to order at 2:02 pm by Chair Shapiro. Introductions were made by Rene Verduzco, Martha Shapiro and Stephanie Belding.
2. **Public Comments** – Stephanie Belding shared the AARP Roadmap to Livability Housing Workbook. The committee agreed to adopt the Housing Workbook as a guide for committee goals. No other public comments.
3. **Home Share Update** – Ben Rhodes shared with the committee that the application for Home Share has been streamlined to be less labor intensive with the goal to make matching quicker. Ben and Sonia are working to assign a single staff member to centralize the Home Share program. Monique Nowlin reminded the committee that Home Share will now be a standing agenda item for the Housing Committee.
4. **Committee Goals Discussion** – Chair Shapiro shared her experience with older adults being evicted, with income that is not sufficient for current market rate housing. Chair Shapiro is proposing to create a county position for a single resource coordinator for older adult housing.
5. **Next Meeting Date** – July 19, 2022, from 2 pm to 3 pm.
6. **Adjournment** - Meeting adjourned at 3:01 PM.

**TO:** VCAAA Advisory Council Members  
**FROM:** Carol Martin, Committee Chair  
**DATE:** May 31, 2022  
**SUBJECT:** **Transportation Committee Report from May 31, 2022**

**Transportation Committee Members Present:**

Tony Gitt (CSL)  
Carol Martin (Chair) (Simi Valley COA)  
Clark Owens (Oxnard COA)

**Transportation Committee Members Absent:**

Jeanette Sanchez-Palacios (BOS)

**VCAAA Staff Members Present:**

Monique Nowlin (Deputy Director)  
Ben Rhodes (Direct Program Operations Manager)  
Jason Sagar (Transportation & Elder Help Coordinator)  
Rene Verduzco (Management Assistant)

1. **Welcome and Introductions** – Meeting was called to order at 3:02 pm. No introductions were made.
2. **Public Comments** – None.
3. **ElderHelp Update** – Jason Sagar presented the statistics for Medi-Ride services provided in QTR 1-3 of fiscal year 2021-2022 for Camarillo Dial-A-Ride, Gold Coast Area Transit, Simi Valley, VCTC, A to B Transport LLC, HopSkipDrive and Uber.
4. **Transportation Program Training Video Update** – Jannette Jauregui shared the agency Medi-Ride training video that will be displayed on the VCAAA website. The committee opted to add in the phone in option to apply for Medi-Ride.
5. **Transportation to Voting Sites Discussion** – The Advisory Committee will be partnering with the Ventura County Recorder's Voting Accessibility Advisory Committee to provide transportation to voting sites for the next large election.
6. **Ventura County Comprehensive Transportation Plan Survey and Walk Audits** – Monique reminded the committee that it is not too late to complete the survey for Padilla and Associates regarding the VC Comprehensive Transportation Plan Survey and Walk Audits. Survey Monkey link provided to the committee by Jannette Jauregui.
7. **Future Committee Goals Discussion** – Monique opened the floor to suggestions for committee goals that have not already been addressed. Tony Gitt would like to receive statistical reports before the committee meetings to allow time for review.



8. **Next Meeting Date** – Meeting was adjourned at 3:02 pm. The next Transportation Committee meeting will be on July 13, 2022, immediately after Advisory Council Meeting.

**TO:** VCAAA Advisory Council Members

**FROM:** Karen Gorback, Committee Chair

**DATE:** May 26, 2022

**SUBJECT: Workforce Committee Report from May 26, 2022**

Committee Members Present

Loretta Allen (Thousand Oaks COA)  
Stephanie Belding (Thousand Oaks COA)  
Karen Gorback (CSL)

Carol Leish (Focused Population)  
William Nelson (Ventura COA)

VCAAA Staff Present

Jannette Jauregui (Public Information Officer)  
Monique Nowlin (Director)

Rene Verduzco (Management Assistant)

1. **Welcome and Introductions** – Meeting was called to order at 10:03 am. No introductions were made.
2. **Public Comments** – No public comments.
3. **Get That Job Update** – Karen Gorback and Jannette Jauregui gave feedback on the Get That Job video. The committee agreed to edit the video to shorten the length of the video.
4. **Next Steps – Outreach Discussion** – Karen started the discussion by sharing her thoughts on the relevancy of the content creation aspect of the Workforce Committee. Loretta Allena and Karen would like to focus more of the committee goals towards services and resources rather than content creation. Stephanie would like to promote more businesses that hire older adults and LGBTQ older adults and referenced retirement.com as well as AARP.
5. **Future Committee Goals Discussion** – Phase 1, each committee member is to bring an online web link to the next meeting that has been vetted as a resource that offers employment to older adults. Phase 2, coordinate with Jannette Jauregui to add vetted websites to VCAAA Workforce Committee webpage. Phase 3, reach out to local businesses that are known for hiring younger people and share with them the benefits to hiring older adults and having a generational staff.
6. **Next Meeting Date** –The next Workforce Committee will be held on July 15, 2022.
7. **Adjournment** - Meeting was adjourned at 10:39 am.

**TO:** VCAA Advisory Council Members

**FROM:** Jannette Jauregui, VCAA Staff

**DATE:** March 24, 2022

**SUBJECT:** **Optimal Aging Committee Report from March 24, 2022**

Committee Members Present

Stephanie Belding (Thousand Oaks COA)  
Rossanna Guerra (CSL)  
Carol Leish (Focused Population)  
Alice Sweetland (Oxnard COA)  
Sylvia Taylor-Stein (Focused Population)

Committee Members Absent

Loretta Allen (Thousand Oaks COA)  
Ron Berkowsky (Focused Population)  
Allen Zarkin (Camarillo COA)  
Breeze Zuckerman (Moorpark COA)

VCAA Staff Present

Jannette Jauregui (Public Information Officer)

- **Call to Order** – The meeting was called to order via Zoom at 2:03 p.m.
- **Welcome and Introductions** – The committee welcomed one another. There were no guests in attendance.
- **Public Comments** – Sylvia Taylor-Stein announced an upcoming presentation/training on Autonomy vs. Safety offered by the Ventura County Ombudsman.
- **Implementation of Goals: Scheduling Creative Presentations** – The committee discussed possible guest artists, musicians, and writers to present as part of the new *VCAA Engage Series of Creative Workshops*. These workshops will include a brief opening presentation from either Jannette Jauregui or a member of the Optimal Aging Committee focusing on services offered through the VCAA and will be followed by the guest presenter for the event. Jannette is working with each committee member to schedule the following initial line-up of presentations:

1. Art Workshop by Martha Jimenez: Oxnard (Wilson) Senior Center
  2. Creative Writing Workshop by Karen Gorback: Goebel Center
  3. Musical Performance by the Tune Bandits: Ventura Active Adult Center
  4. Musical/Art Performance: Santa Paula Senior Center
  5. CSUCI Performing Arts Program: Location TBD
- **Additional Projects: Companion program and school presentations** – Jannette updated the committee regarding a discussion with VCAAA Deputy Director, Monique Nowlin, about including the Optimal Aging Committee in efforts to reinstate the “VCAAA Companion Program” in which older adults are paired with a younger individual to help combat isolation and loneliness in addition to having members of the Optimal Aging Committee present to local schools about the work the VCAAA does. The committee was excited about this and looks forward to updates once available.
  - **2022 LEGACY Awards** – The committee will further review the award guidelines and nomination form at the May meeting to prepare for June distribution.
  - **Other Committee Involvement/Notification** – None discussed.
  - **Next Meeting Schedule** –The next scheduled meeting is May 25<sup>th</sup> at 2 p.m.
  - **Adjournment** – The meeting was adjourned at 2:54 p.m. by chair, Alice Sweetland.

**TO:** VCAA Advisory Council Members

**FROM:** Jannette Jauregui, VCAA Staff

**DATE:** June 15, 2022

**SUBJECT:** **Optimal Aging Committee Report from May 25, 2022**

Committee Members Present

Loretta Allen (Thousand Oaks COA)  
Stephanie Belding (Thousand Oaks COA)  
Rossanna Guerra (CSL)  
Carol Leish (Focused Population)  
Alice Sweetland (Oxnard COA)  
Sylvia Taylor-Stein (Focused Population)

Committee Members Absent

Ron Berkowsky (Focused Population)  
Allen Zatkan (Camarillo COA)

VCAA Staff Present

Jannette Jauregui (Public Information Officer)

- **Call to Order** – The meeting was called to order via Zoom at 2:05 p.m.
- **Welcome and Introductions** – The committee welcomed one another. There were no guests in attendance.
- **Public Comments** – There were no public comments.
- **VCAA Optimal Aging Community Presentations** – Scheduling events with local community centers/senior centers has been challenging. The committee discussed the idea to host both virtual/pre-recorded and in-person events to be more flexible. Presentations will vary in focus (art demonstrations, creative writing workshops, musical presentations, educational lectures, etc.). Each presentation will open with a brief presentation focusing on VCAA programs and services given by either a member of the Optimal Aging Committee or by Jannette Jauregui (depending on availability). All presentations are designed to focus on topics to improve engagement and quality of life. The first presentation is tentatively scheduled for late July and will be in person. Committee members will be asked to reach out to possible venues in their community to solidify future presentations.

- **Review of Legacy Award Nomination Packet** – The committee reviewed the existing nomination packet and discussed award categories. Concern was expressed regarding categories that might focus too heavily on specific populations thus becoming exclusive rather than inclusive. Alice Sweetland reiterated that the awards were initially developed to acknowledge the unsung heroes in the older adult community in Ventura County with an added focus on local businesses. The committee agreed to send final notes to Jannette so that she can finalize this year's nomination packet prior to distribution in July.
- **Other Committee Involvement/Notification** – None discussed.
- **Next Meeting Schedule** –The next scheduled meeting is July 27<sup>th</sup> at 2 p.m.
- **Adjournment** – The meeting was adjourned at 2:58 p.m. by chair, Alice Sweetland.



**VENTURA COUNTY AREA AGENCY ON AGING  
ADVISORY COUNCIL MEETING SCHEDULE  
FY 2022-2023**

All meetings are being held via zoom and in person until further notice.

|                  | <b>Advisory Council</b> | <b>Transportation</b>         | <b>Housing</b>         | <b>Senior Nutrition &amp; Health</b> | <b>Optimal Aging</b>      | <b>Workforce</b>         |
|------------------|-------------------------|-------------------------------|------------------------|--------------------------------------|---------------------------|--------------------------|
| <b>July</b>      | July 13<br>9-11 a.m.    | July 13<br>11:15 – 12:15 p.m. | July 19<br>2 – 3 p.m.  | July 20<br>12:30 – 1:30 p.m.         | July 27<br>1 – 2:00 p.m.  | July 15<br>10 – 11 a.m.  |
| <b>August</b>    |                         |                               |                        |                                      |                           |                          |
| <b>September</b> | Sept 14<br>9-11 a.m.    | Sept 14<br>11:15 – 12:15 p.m. | Sept 20<br>2 – 3 p.m.  | Sept 21<br>12:30 – 1:30 p.m.         | Sept 28<br>1 – 2:00 p.m.  | Sept 16<br>10 – 11 a.m.  |
| <b>October</b>   |                         |                               |                        |                                      |                           |                          |
| <b>November</b>  | Nov 9<br>9-11 a.m.      | Nov 9<br>11:15 – 12:15 p.m.   | Nov 15<br>2 – 3 p.m.   | Nov 16<br>12:30 – 1:30 p.m.          | Nov 16<br>1 – 2:00 p.m.   | Nov 18<br>10 – 11 a.m.   |
| <b>December</b>  |                         |                               |                        |                                      |                           |                          |
| <b>January</b>   | Jan 11<br>9-11 a.m.     | Jan 11<br>11:15 – 12:15 p.m.  | Jan 17<br>2 – 3 p.m.   | Jan 18<br>12:30 – 1:30 p.m.          | Jan 25<br>1 – 2:00 p.m.   | Jan 20<br>10 – 11 a.m.   |
| <b>February</b>  |                         |                               |                        |                                      |                           |                          |
| <b>March</b>     | March 8<br>9-11 a.m.    | March 8<br>11:15 – 12:15 p.m. | March 21<br>2 – 3 p.m. | March 22<br>12:30 – 1:30 p.m.        | March 22<br>1 – 2:00 p.m. | March 17<br>10 – 11 a.m. |
| <b>April</b>     |                         |                               |                        |                                      |                           |                          |
| <b>May</b>       | May 10<br>9-11 a.m.     | May 10<br>11:15 – 12:15 p.m.  | May 16<br>2 – 3 p.m.   | May 17<br>12:30 – 1:30 p.m.          | May 24<br>1 – 2:00 p.m.   | May 19<br>10 – 11 a.m.   |
| <b>June</b>      |                         |                               |                        |                                      |                           |                          |

**New Member Orientation will be held on the 2<sup>nd</sup> Wednesday of (Aug, Oct, Dec, Feb, Apr, Jun) from 12 p.m. – 1:30 p.m. via Zoom. Please email [rene.verduzco@ventura.org](mailto:rene.verduzco@ventura.org) for the registration link.**



**2022-2023 COMMITTEE PREFERENCE**

Name: \_\_\_\_\_

Current Advisory Council by-laws call for all council members to participate on committees in order to stay better informed as to the needs of older adults and persons with disabilities. Please select your committee preferences for FY 2022-2023 and return to the VCAAA by July 12, 2022. You may continue with your present choice and add or change to another choice.

| <b>Committee</b>            | <b>Focus of the committee</b>   | <b>Membership</b><br><br>(place an X for committees you would like to join) |
|-----------------------------|---|---|
| Housing                     | The Housing Committee meets the 3 <sup>rd</sup> Wednesday of every other month and focuses on housing and livability issues and their impact on persons aged 60 and older and adults with disabilities.           |   |
| Transportation              | The Transportation Committee meets immediately following each Advisory Council meeting and focuses on transportation issues and their impact on persons aged 60 and older and adults with disabilities.           |   |
| Senior Nutrition and Health | The Senior Nutrition and Health Committee meets the 3 <sup>rd</sup> Wednesday of every other month to provide guidance to the Senior Nutrition Program and look deeper at health issues relating to older adults. |   |
| Optimal Aging               | The Optimal Aging Committee meets the 4 <sup>th</sup> Wednesday of every other month and explores new and innovate ways to improve the quality of life for older adults in Ventura County.                        |   |
| Workforce                   | The Workforce Committee meets the 3 <sup>rd</sup> Friday of every other month and focuses on advocacy for older adults in the workplace and promoting job and skills training opportunities for older adults.     |   |

Please note that if you are part of Dementia Friendly Ventura County, LGBTQ+ Aging Coalition or a member of the VCAAA Foundation your membership will be listed on the committee roster.