

# VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

January 11, 2023 9:00 a.m. to 11:00 am Area Agency on Aging Advisory Council Center 646 County Square Drive, Ventura And online via zoom at https://us06web.zoom.us/j/88169383919

VCAAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA's mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer, and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated communitybased services where older adults and people with disabilities can age in their community with dignity and respect.

# AGENDA

9:00 a.m.

1. Call to Order and Agenda Review Karen Gorback

Pledge of Allegiance 2.

4

- Carol Leish Karen Gorback
- Approval of Area Agency on Aging Advisory Council Minutes 3.
- of November 9, 2022 **Public Comments** 
  - Karen Gorback

Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three

minutes per person. Consent Agenda Items 5.

Karen Gorback

Procedure: The Advisory Council will approve these reports all at once unless an Advisory Committee wishes to remove a report from the consent agenda and discuss and approve it separately.

5.1 Housing Committee Report – Nov 15, 2022

Karen Gorback

- 5.2 Transportation Committee Report Dec 13, 2022
- 5.3 Workforce Committee Report Dec 18, 2022
- 5.4 Nutrition and Health Committee Report Nov 16, 2022

#### DISCUSSION ITEMS/MOTION

Consider Adoption of a Resolution Authorizing Remote Staff Teleconference Meetings of the Advisory Council for a 30-Day Period Pursuant to Government Code Section 54953, Subdivision (e), of the Ralph M. Brown Act

Karen Gorback

#### PRESENTATION/INFORMATIONAL ITEMS

7.	Program Spotlight – CalAIM and VCAAA's Continuum of	Victoria Jump
	Case Management Programs	

8. Establishing Metrics of Advisory Council

Karen Gorback

Ben Rhodes

#### 9. ADRC Standing Business

- Formation of standing committee to provide oversight to the Aging and Disability Resource Center (ADRC)
- Committee will meet on the fourth Wednesday of the month between regular Advisory Council meetings, starting February 22 at 10am (time open to discussion) via Zoom.
- Five members, to be drawn from the Advisory Council, consumers, or interested members of the public.

10.	Other	Committee Meetings:	Gitt/Gorback/	
	a.	California Senior Legislature Update	Guerra Nowlin	
	b.	California Senior Legislature Brochure		
	•	VCAAA Foundation Undata	Nowlin	

c. VCAAA Foundation Update Nowlin
d. LGBTQ Aging Coalition Shapiro
e. Dementia Friendly Ventura County Hashemzadeh

11. Meeting Calendar Karen Gorback

12. Comments from the Chair
 13. Other Business
 14. Adjournment
 15. Karen Gorback
 16. Karen Gorback
 17. Karen Gorback
 18. Karen Gorback
 19. Karen Gorback
 19. Karen Gorback

11:00 am

The next meeting will be:

Wednesday, March 8, 2023 (9:00 am – 11:00 am)

Via Zoom and in person

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.

# VENTURA COUNTY AREA AGENCY ON AGING Advisory Council Meeting Minutes 646 County Square Drive, Suite 100 Ventura, CA 93003 November 9, 2022

#### Advisory Council Members Present:

Stephanie Belding (Thousand Oaks COA) Ron Berkowsky (Focused Population)

Denise Calhoun (BOS)

Carina Forsythe (Fillmore COA) Jaydon Gaines (Service Provider)

Tony Gitt (CSL)

Karen Gorback (CSL) Rossanna Guerra (CSL)

Lynette Harvey (Service Provider) Maureen Hodge (Focused Population)

Carol Leish (Focused Population) Maria Munguia (Santa Paula COA) William Nelson (Ventura COA) Janet Plant (Simi Valley COA) Carmen Reves (Camarillo COA)

Reynaldo Rivera (Focused Population) Nancy Rowe (Camarillo COA)

Martha Shapiro (Service Provider) Marietta Sperry (Simi Valley COA) Alice Sweetland (Oxnard COA)

#### Advisory Council Members Absent:

Loretta Allen (Thousand Oaks COA)

Smita Dandekar (BOS) Bill Nugent (Ojai COA) Clark Owens (Oxnard COA) Anna Reilley (Fillmore COA) Anita Ruiz (BOS)

Peter Schreiner (Focused Population) Sue Tatangelo (Service Provider)

Sylvia Taylor Stein (BOS)

#### VCAAA Staff Members Present:

Haleh Hashemzadeh (CPO Manager)

Victoria Jump (Director)

Brian Murphy (Fiscal Manager)

Monique Nowlin (Deputy Director) Benjamin Rhodes (DPO Manager)

Sonia Vaugh (HICAP Program Manager)

# Members of the Public Present:

Christine Fenn (Gables of Ojai

Jennifer Griffin

Sarah Mailes Susan Thompson

1) Call to Order and Agenda Review - The November 9, 2022, Advisory Council meeting was called to order at 9:00 am by Chair Karen Gorback.

Motion: Approve agenda for the November 9, 2022, Advisory Council Meeting Moved by: Lynette Harvey, seconded by Carol Leish

Result: Motion passed

Pledge of Allegiance - The Pledge of Allegiance was led by Tony Gitt. 2)

3) Approval of Area Agency on Aging Advisory Council Minutes of September 14, 2022

Motion: Approve

Moved by: Carol Leish, seconded by Nancy Rowe

Result: Motion passed

- **4) Public Comments –** Christine Fenn from Gables of Ojai introduced herself and to the council and gave a warm "Hello and good morning".
- 5) Consent Agenda Items
  - 6.1 Housing Committee Report September 20, 2022
  - 6.2 Transportation Committee Report September 14, 2022
  - 6.3 Work Force Committee Report September 16, 2022
  - 6.4 Health & Nutrition Committee Report September 28, 2022
  - 6.5 Optimal Aging Committee Report October 19, 2022

Motion: Approve all consent agenda items

Moved by Lynette Harvey, seconded by Nancy Rowe

Result: Motion passed

6) Consider Adoption of a Resolution Authorizing Remote Staff Teleconference Meetings of the Advisory Council for a 30-Day Period Pursuant to Government Code Section 54953, Subdivision (e), of the Ralph M. Brown Act

Motion: Approve

Moved by: Maria Munguia, seconded by Martha Shapiro

Result: Motion Passed

7) Recommendation for Advisory Council to Approve and for Chair Gorback to Submit Public Comments to the Administration for Community Living on the National Family Caregiver Strategy – Lynette provided comments requesting a coordinated system of care to strengthen the paid workforce and expand direct care workforce. Victoria Jump shared with the council that this meeting was the first time the national council met and is eagerly seeking input from federal agencies.

Motion: Approve

Moved by: Moved by Nancy Rowe, seconded by Reynaldo Rivera

Result: Motion passed

#### PRESENTATION/INFORMATIONAL ITEMS

8) Legacy Awards – Optimal Aging Committee – Alice Sweetland presented the Optimal Aging Committee Legacy Awards to the following:

Business of the Year: Gables of Ojai

**Dementia Friendly:** Camarillo Health Care District

Individual: Bill Cunneen

9) Program Spotlight – Health Insurance Counseling and Advocacy Program and Medicare Open Enrollment – What You Need to Know – Sonia Vaughn gave a Powerpoint presentation:

#### **Key Points:**

- Open Enrollment Dates: October 15 December 7
- One-Stops available to assist in-person, online, telephone or Zoom
- 2023 Medicare Changes presentations held in October to public offices
- As of 11/9/22: 450 appointments out of 525 have been requested
- Ventura County Master Plan for Aging Implementation –VCAAA has officially submitted the application to become "Age Friendly". Master Plan on Aging Implementation will be a standing agenda item on the Advisory Council Agenda to give regular updates. Victoria briefly shared about the new CalAIM program and will give a detailed presentation in a future Advisory Council meeting.
- 11) ADRC Standing Business Update on Goals and Workplan
  - **Sustainable Funding** ADRC partnership with ILRC is showing growth in the program however, funding is capped. The program is currently undergoing a time study to potentially receive a reimbursement of funds.
  - **Subcommittee Formation** The California Department of Aging requires an overseeing body for the ADRC. Benjamin Rhodes is proposing a new sub committee to meet quarterly and actively participate. The by laws require a 20% minimum of consumer members. The subcommittee formation has been tabled to be continued at the January 11, 2022, Advisory Council meeting to allow more time to discuss.
- AB 2449 Changes to Remote Attendance Requirements Under the Ralph M Brown Act September 13, 2022, Governor Newsom signed Bill 2449 into law. Effective January 1, 2023. For the VCAAA Advisory Council, eff March 2023 the council will need to meet a quorum of physical attendants. Members will be allowed to attend remotely if there is a "just cause" or "emergency" and will be limited to twice a year total. If attending remotely, members will be required to disclose the name and relationship of every person over the age of 18 at that location. Effective 2026 all votes will need to be by roll call, teleconference locations must be disclosed in the agenda, each teleconference will be accessible to the public, and at least a quorum of the members will need to be present at a locations within the body's jurisdiction.
- 13) Other Committee Meetings
  - a. California Senior Legislature Final Report Tony Gitt summarized the CSL press release from November 1, 2022 (copy of press release included in November 9, 2022 Advisory Council Meeting Packet). Top proposals for 2023:
    - AP-3: Hospitals: Patient Discharge Summary
    - AP-8: Transportation: Ambulance Services: Cost

- SP-3: Age Discrimination: Ageism Awareness Week
- AP-4: Public Transportation: Accessible Transportation Services: Seniors and Disabled Persons
- AP-1: Caregiving Grandparents: Support
- SP-5: Homeless Senior and Disabled Veterans: Rental Assistance Program
- SP-2: Caregiver and First Responder Communication with Persons Suffering from Dementia or Other Mental Illness: State Card
- SP-6: Wildfires: Tax Credit
- SP-7: Related to Domestic Services, As Described
- AP-6: Housing: Homeless Services: Training
- SP-1: Hazardous Substances: Paraquat Dichloride and Trichloride
- **b. VCAAA Foundation Update** The Foundation Committee met this passed week. LGBT+ Aging Coalition funding has been approved by the Foundation Committee. Christopher Fiorello received funding for the VCAAA Community Garden. Lastly, the 15<sup>th</sup> Annual Caregiver Conference was provided gift cards to caregivers on behalf of the Foundation Committee.
- **c. LGBT Aging Coalition –** Martha Shapiro thanked the Foundation Committee on behalf of the LGBT Aging Coalition. Funding received will be used for swag, postcards, educational materials as well as rainbow owl lapel pins. Two trainings were conducted at the ILRC and The City of Port Hueneme Recreation and Community Services.
- **d. Dementia Friendly Ventura County –** The next Living Well Caring Well one-stop shop will be held at the Oxnard Family Circle on December 7, 2022 from 2:30 PM 4:30 PM. There will be 13 entities in attendance.
- 14) Meeting Calendar 2022-2023 Advisory Council Meeting Schedule
- **15)** Comments from the Chair Chair Gorback thanked the council for their participation and shared with the council that Loretta Allen is currently undergoing heart surgery and would appreciate any well wishes.
- **Other Business –** VCAAA has hired a new Public Information Officer to be introduced at the next Advisory Council meeting in January.
- **17)** Adjournment Meeting adjourned at 10:35 AM.

**FROM:** Martha Shapiro, Committee Chair

**DATE:** November 15<sup>th</sup>, 2022

SUBJECT: Housing Committee Report from November 15<sup>th</sup>, 2022

<u>Housing Committee Members Present:</u>

Stephanie Belding (Thousand Oaks COA) Martha Shapiro (Service Provider)

Bill Nugent (Ojai COA)

**Housing Committee Members Absent:** 

Carina Forsythe (Fillmore COA)

Jaydon Gaines (Service Provider)

Rossanna Guerra (CSL COA)

Anna Reilley (Fillmore COA)

VCAAA Staff Members Present:

Monique Nowlin (Deputy Director)

Ben Rhodes (Direct Program Operations Manager)

Denise Noguera (Call Center Manager)

- 1. **Welcome and Introductions –** The VCAAA Housing Committee meeting was called to order at 2:05 pm. Council. The Housing Committee did not reach a quorum for today's meeting. Chair Shapiro continued the meeting since there are no voting items on the agenda.
- 2. Public Comments No public comments.
- 3. HomeShare Update Benjamin Rhodes shared August through November data results for the new pre-screening questionnaire. Screening questions ask about household size, language, whether you are a provider or seeker, willing to pay/accept services in exchange for rent or lower rent, and current living situation.

Denise Noguera and staff were able to attend the American River Meeting for Homeshare providers nationwide. Meetings are monthly and allow different providers to discuss and share ideas and challenges other agencies are experiences.

4. Discuss Future Committee Goals – Chair Shapiro is requesting a Zoom presentation on Homeshare for her staff at Senior Concerns. Benjamin and Martha will work together to make this happen sometime in January 2023. An agenda item will be added to the next Advisory Council Meeting for each committee chair to share more information about their respective committees.

Longer term goals include; hiring a housing navigator, educational training for housing professionals, supporting Homeshare with outreach and education to The County, guest speaker for the 1/17/2023 Advisory Council Meeting, implementing Ventura County Master Plan on Aging goals.

- 5. Next Meeting Date January 17, 2023, from 2 pm to 3 pm.
- **6. Adjournment Meeting adjourned at 2:46 PM.**

**FROM:** Tony Gitt, Committee Chair

**DATE:** December 13<sup>h</sup>, 2022

SUBJECT: Transportation Committee Report from December 13<sup>th</sup>, 2022

#### <u>Transportation Committee Members Present:</u>

Tony Gitt (CSL)
Clark Owens (Oxnard COA)

### VCAAA Staff Members Present:

Roger Horne (Public Information Officer)
Monique Nowlin (Deputy Director)
Benjamin Rhodes (Direct Program Operations Manager)

#### Members of the Public Present:

Darren Arrieta James Riedmiller

- 1. **Welcome and Introductions –** Meeting was called to order at 1:00 PM. The committee reached a quorum with 2 of 3 members present. Guest speakers Darren Arrieta and James Riedmiller were introduced to the committee.
- Public Comments None.
- 3. VC Active Transportation Plan Darren Arrieta, P.E., Design and Construction Engineer IV, Roads & Transportation, Public Works Darren presented a Powerpoint to the committee addressing the plan to develop countywide active transportation in the unincorporated areas of Ventura County. The project is funded mostly by a state grant in part by Senate Bill 1. Active transportation is defined as "using your own human power to travel to your desired destination". The plan includes enhancement to pedestrian and cycling facilities, safe school routes, and first/last mile transportation. To view full presentation and provide public input please visit ATPlan.VCPublicWorks.Org.
- 4. **ElderHelp Update –** 148 VCTC Reloadable bus passes have been sent out with 31 reloads thus far. As of December 13, 2022 all of the 6 Gold Coast routes have transitioned over to the reloadable bus passes. East and West County are aiming to transition in 2024.
- 5. **Transportation Usage** Benjamin Rhodes explained to Roger Horne and committee members that the VCAAA Transportation is funded by 2 main sources: CARES Act VCTC and Title III B. Ben shared the Quarter 3 data on expenses for transportation. The majority of funding is used to pay for A to B Transport LLC, Dial-a-Ride, Gold Coast Area Transit, HELP of Ojai, HopSkipDrive, Simi Valley and VCTC.

- 6. **Future Goals to Address for FY 22-23 –** Tony Gitt suggested presenting an update on the Transportation Committee's action once or twice a year to the Advisory Council.
- 7. **Next Meeting Date -** The next Transportation Committee meeting will be held on January 11, 2023.
- 8. **Adjournment –** Meeting was adjourned at 2:00 PM.

**FROM:** Karen Gorback, Committee Chair

**DATE:** December 8<sup>th</sup>, 2022

SUBJECT: Workforce Committee Report from December 8th, 2022

#### Committee Members Present

Loretta Allen (Thousand Oaks COA)

Stephanie Belding (Thousand Oaks COA)

Rossanna Guerra (CSL)

William Nelson (Ventura COA)

Karen Gorback (CSL) Reynaldo Rivera (Focused Population)

#### VCAAA Staff Present

Roger Horne (Public Information Officer) Monique Nowlin (Director)

- 1. **Welcome and Introductions –** Meeting was called to order at 10:00 AM. The Workforce Committee reached a quorum with all members present. Jaydon Gaines resigned from the Advisory Council effective 12/25/2022 in pursuit of a new career field, she will no longer be a disability service provider.
- 2. **Public Comments –** No public comments.
- 3. **Introduce New Public Information Officer –** Roger Horne is the new Public Information Officer representing the VCAAA. Roger has a strong background in public relations and was previously working for Pepperdine University.
- 4. **Update on Get That Job Presentation –** Roger Horne will be taking over the "Get That Job" project. VCAAA is hoping to upload by the end of 2022.
- 5. SCSEP (Senior Community Service Employment Program) Update Monique Nowlin shared with the committee that a slot has opened up. 1 of the 4 SCSEP workers is now employed full time as a result of the SCSEP Program. Monique is working with graphics to update advertisement of the program. VCAAA received approval for an extra help employee to run the SCSEP program and Workforce Committee.
- 6. **2022-2023 Committee Goals Discussion –** The Workforce Committee revisited the idea of hosting a job fair for older adults and people with disabilities. Rossanna Guerra would like to partner with existing job fairs such as County job fair held in October.
- 7. **Next Meeting Date** –The next Workforce Committee will be held on January 20<sup>th</sup>, 2023.
- 8. **Adjournment -** Meeting was adjourned at 10:31 AM.

**FROM:** Lynette Harvey, Committee Chair

**DATE:** November 16<sup>th</sup>, 2022

SUBJECT: Nutrition and Health Committee Report from November 16<sup>th</sup>, 2022

#### **Committee Members Present**

Smita Dandekar (BOS) Anita Ruiz (BOS

Lynette Harvey (Service Provider) Marietta Sperry (Simi Valley COA)
Maureen Hodge (Focused Population) Alice Sweetland (Oxnard COA)
Maria Munguia (Santa Paula COA) Sue Tatangelo (Service Provider)

#### **VCAAA Staff Present**

Julianna Eusanio (Fall Prevention Coordinator) Benjamin Rhodes (DPO Manager)

- 1. Meal Program Updates The Health and Nutrition Committee commenced at 12:30 PM. Benjamin Rhodes provided updates on the intergenerational funding received from the federal government to the states. The timeline to spend funding has been moved up and will need to be spent by December of 2023. The committee requested a more formal overall update in the new year, either from Brian or Victoria.
- 2. **Placemat/PIO Update** Roger Horne has been hired as the new PIO for VCAAA and expected to start this month. When the new PIO (Roger Horne) is in place, the committee requests an update on the placemat project. The committee agreed that distributing older placemats at congregate sites (as they reopen) is preferred.
- 3. Committee Goal Discussion Updating committee goals was discussed, in alignment with the Master Plan on Aging goals. Lynette suggested two focal points: Health Reimagined (recommendation 3 in the Master Plan on Aging, focusing on lifelong healthy aging) and Affordable Aging (recommendation 3 in the Master Plan on Aging, focusing on protection from poverty and hunger). Lynette thought that determining what research may have been already done on food deserts in Ventura County might be a good place to start. The committee requested that, considering all the changes, Victoria participate in a meeting during the new year to discuss intergenerational funding spending plan (new deadline), committee goals, congregate site reopening, and overall meal program update (as mentioned above).
- 4. **Next Meeting Date –** The next Health & Nutrition Committee meeting will be held on January 18, 2023.
- 5. **Adjournment –** Meeting was adjourned at 1:20 PM.



# **CSL Funding**

- The California Senior Legislature advocacy program is supported entirely by donations.
- Californians have the opportunity to donate to the
   California Senior Citizen Advocacy Fund (Code
   438) through the Voluntary Contribution Section of the
   California State Income Tax Return. This donation is
   tax deductible.

#### Friends of CSL

- Supporters of the CSL can join the Friends of CSL.
- Friends of CSL members will be kept informed of ongoing CSL activities and actively support senior initiatives.
- Membership forms can be found on the CSL website at www.4csl.org.

#### **Direct Donations to CSL**

- Individuals, organizations and businesses can also make tax-deductible donations.
- Donations can be made payable to CFoA/CSL and be sent to:

The California Senior Legislature 1020 N. Street, Room 527 Sacramento, CA 95814



# Your support of the CSL is crucial for Aging Californians

- \$50 helps support important senior legislation.
- \$100 helps sponsor important senior bills.
- \$200 enables us to reach seniors about important developments that will improve the lives of aging Californians.
- \$500 will send two volunteer elected Senior Legislators to Sacramento to testify at a crucial senior hearing.

Your generous tax-deductible support will ensure that seniors' voices will be heard and priority senior concerns will continue to be on the legislative agenda in Sacramento.

The California Senior Legislature 1020 N Street, Room 527 Sacramento, CA 95814 Ph (916) 552-8056 Fx (916) 552-8013



www.4csl.org







# THE CALIFORNIA SENIOR LEGISLATURE

Ensuring a better quality of life for California's Seniors









# **CSL's Purpose**

- Identify priority senior concerns.
- Develop legislative proposals in response to those concerns
- Advocate for the inclusion of those concerns in legislative proposals of the State Legislature.
- Influence others to be more effective in public policy on behalf of seniors.

# California Senior Legislature (CSL)

- Established as a State Agency, CSL is made up of 40 Senior Senators and 80 Senior Assembly Members, elected as non-partisan representatives of California's 6.9 million seniors. (2014 CDA Population Demographics)
- The 120 Senior Legislators meet annually in legislative session. At this annual session, priority senior concerns are identified to improve the lives of all aging Californians.
- The CSL advocacy efforts are funded by direct donations and voluntary contributions to the California Senior Citizen Advocacy Fund (Code 438) on your California Tax Return.

# **CSL Member Responsibilities**

- Meet with senior constituents in their area to develop and draft proposals for the CSL session.
- Solicit support for CSL from contributors to the California Senior Citizen Advocacy Fund (Code 438).
- Develop and maintain a program of local advocacy.
- Testify at hearings and activate letter and email campaigns in support of priority proposals.

#### Joint Rules Committee (JRC)

• The Joint Rules Committee continues to move the CSL to more effective advocacy while maintaining a fiscally sound organization.

## **Legislative Committee**

- This is the advocacy body of the CSL.
- There are ten elected members.
- They encourage members of the Legislature to convert CSL priority proposals into legislation and ensure that the voices of seniors throughout the Golden State are heard in Sacramento.

#### **How To Get Involved**

- Identify priority senior concerns for your area.
- Be part of an Advocacy Network by staying in contact with your Senior Legislator. He or she will need your support and help with the passage of CSL's annual legislative package.
- Californians have the opportunity to donate to the California Senior Citizen Advocacy Fund (Code 438) through the Voluntary Contribution Section of the California State Income Tax Return. This donation is tax deductible
- Join the "Friends of the CSL" Additional information can. be found on the CSL website, www.4csl.org.

# **CSL Accomplishments**

- The CSL has enjoyed a significant success rate. To date, over 200 proposals have been signed into law. improving the lives of all aging Californians.
- These efforts have significantly enhanced the quality of life for older Californians. They impact such matters as nursing home reform, adult day health care, Alzheimer's programs, transportation for the frail and elderly, elder abuse, Medicare assistance programs, veterans' issues, and crimes against the elderly.



www.4csl.org









# VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING SCHEDULE FY 2022-2023

All meetings are being held via zoom and in person until further notice.

	Advisory Council	Transportation	Housing	Senior Nutrition & Health	Optimal Aging	Workforce
July	July 13 9-11 a.m.	July 13 11:15 – 12:15 p.m.	July 19 2 – 3 p.m.	July 20 12:30 – 1:30 p.m.	July 27 1 – 2:00 p.m.	July 15 10 – 11 a.m.
August						
September	Sept 14 9-11 a.m.	Sept 14 11:15 – 12:15 p.m.	Sept 20 2 – 3 p.m.	Sept 21 12:30 – 1:30 p.m.	Sept 28 1 – 2:00 p.m.	Sept 16 10 – 11 a.m.
October						
November	Nov 9 9-11 a.m.	Nov 9 11:15 – 12:15 p.m.	Nov 15 2 – 3 p.m.	Nov 16 12:30 – 1:30 p.m.	Nov 16 1 – 2:00 p.m.	Nov 18 10 – 11 a.m.
December						
January	Jan 11 9-11 a.m.	Jan 11 11:15 – 12:15 p.m.	Jan 17 2 – 3 p.m.	Jan 18 12:30 – 1:30 p.m.	Jan 25 1 – 2:00 p.m.	Jan 20 10 – 11 a.m.
February						
March	March 8 9-11 a.m.	March 8 11:15 – 12:15 p.m.	March 21 2 – 3 p.m.	March 22 12:30 – 1:30 p.m.	March 22 1 – 2:00 p.m.	March 17 10 – 11 a.m.
April						
May	May 10 9-11 a.m.	May 10 11:15 – 12:15 p.m.	May 16 2 – 3 p.m.	May 17 12:30 – 1:30 p.m.	May 24 1 – 2:00 p.m.	May 19 10 – 11 a.m.
June						

New Member Orientation will be held on the 2<sup>nd</sup> Wednesday of (Aug, Oct, Dec, Feb, Apr, Jun) from 12 p.m. – 1:30 p.m. via Zoom. Please email rene.verduzco@ventura.org for the registration link.