Put your green thumb to good use for Ventura County's older adults ...

FARM VOLUNTEERS COUNTY of VENTURA Area Agency on Aging

The County of Ventura's Senior Nutrition Farm provides organic, local produce to the Senior Nutrition Program. The 2.5-acre farm sends out roughly 28,000 pounds and 185,000 servings of fruits and vegetables each year to local senior centers and home-delivered meals for homebound older adults. The farm succeeds through the commitment of its volunteers, who range in age from 16 to 86.



Monday through Friday, 8 a.m. to 12 p.m. 4156 Southbank Road in Oxnard (next to the Food Share building)

Apply today!

Please email <u>vcaaavolunteers@ventura.org</u> or call our volunteer coordinator, Leslie Suarez, at (805) 477-7354 with questions or to register as a volunteer!

