

VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING

September 13, 2023 9:00 a.m. to 11:00 am

Area Agency on Aging Advisory Council Center 646 County Square Drive, Ventura https://us06web.zoom.us/i/88169383919

The council will be meeting in person, but members of the public are welcome to attend in person or via zoom.

VCAAA Advisory Council Role – To provide leadership, input, and advocacy as facilitators between VCAAA and the community, in support of VCAAA's mission.

VCAAA Role – VCAAA is the responsible agency to seek, serve, administer, and manage available funding to ensure resources are allocated to serve Ventura County, creating integrated community-based services where older adults and people with disabilities can age in their community with dignity and respect.

AGENDA

9:00 a.m.	1.	Call to Order and Agenda Review	Karen Gorback
	2.	Pledge of Allegiance	Peter Schreiner
	3.	Roll Call and Motion to Accept Online Virtual Attendance for those declaring "emergency Circumstances"	Monique Nowlin
	4.	Administering the Oath of Office	Monique Nowlin
	5.	Approval of Area Agency on Aging Advisory Council Minutes of July 12, 2023.	Karen Gorback
	6.	Public Comments	Karen Gorback

Procedure: The public is welcome to comments. All comments not related to items on the agenda may be made at the beginning of the meeting only. Comments are limited to three minutes per person.

7. Consent Agenda Items - Committee Descriptions This Month Karen Gorback

Procedure: The Advisory Council will approve these reports all at once unless an Advisory Committee wishes to remove a report from the consent agenda and discuss and approve it separately.

- 7.1 Housing Committee Report July 25, 2023
- 7.2 Transportation Committee Report July 12, 2023
- 7.3 Workforce Committee Report July 28, 2023
- 7.4 Nutrition and Health Committee Report July 26, 2023
- 7.5 Optimal Aging July 26, 2023
- 7.6 ADRC Committee Report July 21, 2023

PRESENTATION/INFORMATIONAL ITEMS

9. Benefits Enrollment Center Benjamin Rh	8. (gator Maureen Hodge	Э
o. Benefito Enforment Genter Benjamin Par	9. F	nent Center Benjamin Rhod	es

10. Ageism

a. 100th Day of School Ritual Karen Gorback b. Intergenerational Programming Martha Shapiro

11. PIO Update Roger Horne

12 **Committee Selection** Monique Nowlin

13. Other Committee Meetings:

a. California Senior Legislature Update Gitt/Gorback/Guerra VCAAA Foundation Update James Schicker b. **LGBTQ** Aging Coalition Martha Shapiro C.

Dementia Friendly Ventura County d. Haleh Hashemzadeh

14. Meeting Calendar FY 2023-2024 Karen Gorback 15. Comments from the Chair Karen Gorback 16. Other Business Karen Gorback Karen Gorback

11:00 am 17. Adjournment

The next meeting will be:

Wednesday, November 8, 2023 (9:00 am – 11:00 am) In person at 646 County Square Dr Suite 100, Ventura, CA 93003 in the Advisory Council Room.

Individuals who require accommodations for their disabilities (including interpreters and alternate formats) are requested to contact the Area Agency on Aging staff at (805) 477-7300 at least three days prior to the meeting.

VENTURA COUNTY AREA AGENCY ON AGING Advisory Council Meeting Minutes 646 County Square Drive, Suite 100 Ventura, CA 93003 July 12, 2023

<u>Advisory Council Members Present:</u>

Stephanie Belding (Thousand Oaks COA) Carol Leish (Disability)

Ron Berkowsky (Focused Population) Dr. Maria Munguia (Santa Paula COA)

Alvin Brown (Simi Valley COA) Carmen Reyes (Camarillo COA)

Denise Calhoun (District 2) Anita Ruiz (BOS)

Tony Gitt (CSL)

Dr. Karen Gorback (CSL)

Rossanna Guerra (CSL)

Alice Sweetland (Oxnard COA)

Lynette Harvey (Medical)

Maureen Hodge (Family Caregiver)

Sue Tatangelo (Consumer)

Sylvia Taylor Stein (District 5)

Sue Hughes (District 3)

Advisory Council Members Absent:

Blair Barker (Service Provider)

Anna Reilley (Fillmore COA)

Smita Dandekar (District 4) Reynaldo Rivera (Focused Population)

Carina Forsythe (Fillmore COA)

Nancy Rowe (Camarillo COA)

Patricia Lownes (Thousand Oaks COA)

William Nelson (Ventura COA)

Jeanette Sanchez-Palacios (District 1)

Dana Tomarken (Santa Paula COA)

Clark Owens (Oxnard COA)

VCAAA Staff Members Present:

Alyssa Corse (Grants Administrator) Benjamin Rhodes (DPO Manager) Dr. Haleh Hashemzadeh (CPO Manager) Jason Sagar (Program Manager)

Roger Horne (PIO) Rene Verduzco (Management Assistant)

Victoria Jump (Director) Gray Wilking (MSSP/HCBA Program Manager)

Monique Nowlin (Deputy Director)

Members of the Public Present:

Dani Anderson Smita Dandekar

1) Call to Order and Agenda Review – The May 10, 2023, Advisory Council meeting was called to order at 9:03 am by Vice-Chair Martha Shapiro.

- **2)** Pledge of Allegiance The Pledge of Allegiance was led by Maureen Hodge.
- 3) Roll Call and Motion to Accept Online Virtual Attendance for Those Declaring "Emergency Circumstances" Rene Verduzco called roll. The Advisory Council reached a quorum with 18 of 30 members present. Dr. Gorback attending via Zoom under the emergency circumstance exception. Smita Dandekar attended via Zoom as a member of the public due to not having an emergency circumstance. Rossanna Guerra joined the meeting in person after roll call and did not participate in any voting items.
- 4) Administering the Oath of Office Monique Nowlin swore in Alvin Brown and Sue Huges to The Ventura County Area Agency on Aging Advisor Council.
- 5) Approval of Area Agency on Aging Advisory Council Minutes of May 10, 2023.

Motion: Approve with amendment(s): 1) Amend Item 14 to say "Maureen Hodge and Lynette Harvey attended an outreach event put on by the California Collaborative Board of Long-Term Services and Supports. 2) Sue Tatangelo listed as a "service provider" and should be listed as "Consumer Representative".

Moved by: Stephanie Belding, seconded by Alvin Brown

Result: Motion passed

- 6) Public Comments No public comments.
- 7) Consent Agenda Items
 - 7.1 Housing Committee Report May 16, 2023
 - 7.2 Transportation Committee Report May 10, 2023
 - 7.3 Work Force Committee Report May 19, 2023
 - 7.4 Health & Nutrition Committee Report May 24, 2023
 - 7.5 Optimal Aging March 24, 2023
 - 7.6 ADRC Committee Report May 17, 2023

Motion: Approve consent agenda items with amendment(s): 1) Agenda Item 7.3 Monique Nowlin is listed as the Director of VCAAA and should be listed as Deputy Director. 2) Agenda Item 7.4 has Sue Tatangelo listed as a "service provider" and should be listed as "consumer representative". 3) Correct item numbering on 7.4.

Moved by: Carol Leish, seconded by Lynette Harvey

Result: Motion passed

PRESENTATION/INFORMATIONAL ITEMS

- 8) FY 2023-2024 State Budget Update Victoria Jump informed the council that the governor did not reduce the budget. The timeline for spending has been increased from 3 years to 5 years. The Older Adults Recovery and Resilience funds deadline has been extended from December 2023 to December 2024. VCAAA has received approximately 800 to 900 thousand in Nutrition Infrastructure Funds to replace outdated equipment for senior nutrition sites. VCAAA and Behavioral Health have received additional funding for older adults' mental health services. Lastly, Medi-Cal eligibility age range has been lowered to age 50 plus and includes undocumented immigrants to be eligible for IHSS.
- Agency Merger Update Only July 1, 2023, Area Agency on Aging has officially moved to The Human Services Agency establishing the Department of Aging and Disability Services. Currently, Area Agency on Aging and Public Authority are under the umbrella of the newly formed Department of Aging and Disability Services. Public Authority is the registry for all In Home Support Services providers. Public Authority also has an advisory body similar to the VCAAA Advisory Council. Victoria Jump clarified that VCAAA services will continue to operate at the 646 County Square Drive building, but a few staff members have relocated to the main Human Services Agency building located at 855 Partridge Drive. Victoria Jump and Monique Nowlin still have an office at the VCAAA building and will have a presence at both offices.
- Advisory Council Metrics for FY 2023-2024 An online survey link was sent to Advisory Council members for demographic purposes. The intention in collecting this information is to improve council representation through the recruitment of new council members for vacant seats while expanding perspectives that reflect the full diversity of Ventura County.
- 11) PIO Update Roger Horne informed the council that a new HSA/AAA logo has been approved yesterday July 11, 2023. Roger has created a Threads social media account for VCAAA. In May 2023, the website had over 14,000 page views which is the highest in 3 years. The Optimal Aging committee has began promoting nominations for the 2023 Legacy Awards.

- 12) Cal Aim Update Cal Aim is an enhanced care management program that went into effect in January of 2023. The program is an expansion of Medi-Cal benefits providing case management and community supports. Currently, the Cal Aim team consists of 7 employees with a caseload of over 200 clients. In September of 2023, the Board of Supervisors will approve an additional 20 employees.
- **13)** Committee Selection Subcommittee selections for Advisory Council fiscal year 2023-2024 are due. Monique Nowlin reminded the council to turn in selections to Rene Verduzco.

14) Other Committee Meetings:

- a. California Senior Legislature Update Tony Gitt presented the CSL Legislative Summary Report and the CSL Newsletter "The Advocate". Dr. Gorback provided an update on her Ageism Awareness Week resolution. Initially, the resolution was denied but Dr. Gorback has resubmitted the resolution this year. Karen has also submitted a request for a task force for the study of potential public policy related to the development, deployment and oversight of artificial intelligence in the field of healthcare specifically for vulnerable populations including older adults and people with disabilities.
- **b. VCAAA Foundation Update –** Monique Nowlin updated the council on the VCAAA Foundation's last meeting. James Schicker is the new chair for the VCAAA Foundation. The Foundation has approved additional funding for pet food for our FoodBox and Project Room Key programs. They have also approved the purchase of 2 sets of uniforms for our Senior Nutrition Farm staff. The Foundation is also recruiting new board members.
- **c. LGBTQ Aging Coalition** The last LGBTQ Aging Coalition meeting was held at the VCAAA Senior Nutrition Farm. The coalition attended 3 pride events in June. The next meeting for the LGBTQ Coalition will be tomorrow July, 13, 2023 via Zoom.
- **d. Dementia Friendly Ventura County –** The Living Well Caring Well one-stop shops have been going for over a year now. The events have been such a success that the committee has decided to continue. The next Living Well Caring Well event will be held on September 6, 2023 at Camarillo Healthcare District from 10 am 12pm. The next regular meeting of Dementia Friendly Ventura County will be on August 2, 2023 at 11 am via Zoom.

15) Meeting Calendar

16) Comments from the Chair – Vice-Chair Shapiro shared some personal challenges she has been facing as a caregiver. Martha

- expressed how important the work the Advisory Council does is and ended with a quote by Albert Camus.
- **Other Business –** Monique Nowlin reminded the council about the 2023 Legacy Awards on behalf of the Optimal Aging Committee. No other business.
- **Adjournment –** Meeting adjourned at 10:50 AM. The next regular meeting for the Advisory Council will be held on September 13, 2023.

FROM: Martha Shapiro, Committee Chair

DATE: July 25th, 2023

SUBJECT: Housing Committee Report from July 25th, 2023

Housing Committee Members Present:

Stephanie Belding (Thousand Oaks COA)

Rossanna Guerra (CSL)

Sue Hughes (District 3)

Anna Reilley (Fillmore COA)

Maureen Hodge (Family Caregiver) Martha Shapiro (Service Provider)

Housing Committee Members Absent:

Jeanette Sanchez-Palacios (District 1)

Dana Tomarken (Santa Paula COA)

VCAAA Staff Members Present:

Roger Horne (Public Information Officer) Dr. Ben Rhodes (DPO Manager)

Denise Noguera (Call Center Manager)

Monique Nowlin (Deputy Director)

Jerrica Van Nest (HomeShare Navigator)

Rene Verduzco (Management Assistant)

- 1. Welcome and Introductions The VCAAA Housing Committee meeting was called to order at 3:04 pm. The Housing Committee reached a quorum with 6 of 8 members present. Sue Hughes (District 3), attended her first VCAAA Housing Committee Meeting. Other committee members and staff introduced themselves to Sue.
- 2. Public Comments No public comments.
- 3. HomeShare Update Dr. Rhodes explained to Sue what Home Share does for the community. Ben went over the process of initial interest, screening, application, background check and then placement. On average, Home Share receives 40 applications per month. The program is split between 70% seekers and 30% providers which is consistent with the national average.

Monique Nowlin reviewed Home Share's history. Initially the program was run by The City of Ventura before Supervisor Bennett approved funding for Ventura County Home Share. Monique explained that Home Share is 100% voluntary, we cannot force any participants to match or continue living together. VCAAA does offer some level of conflict resolution for participants.

Jerrica went over Home Share stats since the last Housing Committee Meeting on May 16, 2023. 77 Initial interest Forms have been received, 55 have

completed the full application, and Jerrica has been able to make 29 match referrals.

4. Election of Chair – The Housing Committee nominates Martha Shapiro as the chair for fiscal year 2023-2024.

Motion: Approve appointment of Martha Shapiro as committee chair.

Moved by: Stephanie Belding, seconded by Maureen Hodge

Result: Motion passed

5. 2023/2024 Committee Goals – Sue Hughes shared some personal experiences that drove her to join the VCAAA Housing Committee.

Maureen Hodge explained to the committee how the VCAAA Housing Committee directly relates to her patients at Community Memorial Hospital.

6. Adjournment – Meeting adjourned at 4:01 PM. The next regular meeting for the VCAAA Housing Committee will be held on September 19, 2023 from 2pm to 3pm.

FROM: Tony Gitt, Committee Chair

DATE: July 12, 2023

SUBJECT: Transportation Committee Report from July 12th, 2023

<u>Transportation Committee Members Present:</u>

Tony Gitt (CSL)
Dani Anderson
Peter Schreiner (Behavioral Health)

<u>Transportation Committee Members Absent:</u>

Clark Owens (Oxnard COA)

VCAAA Staff Members Present:

Roger Horne (Public Information Officer)
Monique Nowlin (Deputy Director)
Maricela Pardo (Transportation & Elder Help Coordinator)
Benjamin Rhodes (DPO Manager)
Rene Verduzco (Management Assistant)

- 1. **Welcome and Introductions –** Meeting was called to order at 11:10 AM. The committee reached a quorum.
- 2. **Public Comments –** Dani Anderson has been attending all Ventura County Transportation Commission (VCTC) meetings to advocate for accessible transportation. Dani provided an overview of the TIES (Transit Integration & Efficiency Study).
- ElderHelp Update Maricela Pardo provided an update on the ElderHelp program.
- 4. **Discuss Strategies to Increase Committee Membership –** The Committee discussed a call to action at a future Advisory Council meeting and/or during a Transportation Committee presentation to the Advisory Council (AC).
- Discuss Presenting a Transportation Committee Report to the Advisory Council in September – There was continued discussion on what to present to the Advisory Council about the FY 2022/2023 Committee accomplishments and the FY 2023/2024 Goals and seeking additional members among the AC.
- 6. **Update 2023/2024 Goals –** The Committee discussed providing information about TIES and other transportation issues to the AC members for sharing with their leadership or organization. Due to time this goal was tabled for the next meeting.

- 7. **Election of Chair for 2023/2024 –** Tony Gitt was elected as Chair for this fiscal year.
- 8. **Adjournment –** Meeting was adjourned at 12:11 PM. The next Transportation Committee meeting will be held on September 13, 2023, immediately after the Advisory Council Meeting.

FROM: Karen Gorback, Committee Chair

DATE: July 28th, 2023

SUBJECT: Workforce Committee Report from July 28th, 2023

Committee Members Present

Loretta Allen (Thousand Oaks COA)

Stephanie Belding (Thousand Oaks COA)

Rossanna Guerra (CSL)

Carol Leish (Disability)

Dr. Karen Gorback (CSL) William Nelson (Ventura COA)

VCAAA Staff Present

Roger Horne (PIO) Monique Nowlin (Deputy Director)

Denise Noguera (I&A Manager) Rene Verduzco (Management Assistant)

1. **Welcome and Introductions –** Meeting was called to order at 10:01 AM. The Workforce Committee reached a quorum with 6 of 7 members present. There are no new members present, therefore, no introductions were made.

- 2. **Public Comments –** No public comments.
- 3. **Election of Chair 2023/2024 –** The Workforce Committee nominates William Nelson as the chair for fiscal year 2023-2024.

Motion: Approve appointment of William Nelson as committee chair.

Moved by: Dr. Gorback, seconded by Carol Leish

Result: Motion passed

- 4. Workforce Committee Task Force Letter of Introduction Update Monique Nowlin shared with the committee that the new HSA-AAA logo has been approved and will be included on the letter of introduction. The intent of the letter is to make employers aware of VCAAA and introduce the Title V program. The letter of introduction will be posted on the VCAAA website and handed out at the upcoming Job Fair. Carol Leish will be submitting an article to the Ventura Breeze about Title V.
- 5. Ad Hoc Job Fair Subcommittee Dr. Gorback has been working with Julie at Goebel Adult Community Center to partner the VCAAA Job Fair with Goebel's Wellness Fest. The Wellness Fest/Job Fair has been scheduled for January 17, 2024 at Goebel Adult Community Center from 9am 1pm. Julie will be invited to the next Workforce Committee meeting.
- 6. **Title V Program Update –** Kayla Ramirez has accepted a position as a Social Worker with VCAAA CalAIM department. We are looking to hire a new Title V Coordinator. Currently, 2 of 4 slots are filled.

- 7. Website and Social Media Updates Pertaining to Workforce Committee Roger Horne announced that the LiveWell magazine has won The National Mature Media Award (Gold). Also, VCAAA will have a table at the Ventura County Fair on Senior Day run by the Information and Assistance team.
- 8. **2023/2024 Committee Goals –** Chair Nelson asked members to think about how we can measure our activity as a committee and impact in the community to discuss at the next meeting.
- 9. **Other –** No other business.
- 10. **Adjournment -** Meeting was adjourned at 10:58 AM. The next Workforce Committee will be held on September 15th, 2023.

FROM: Lynette Harvey, Committee Chair

DATE: July 26th, 2023

SUBJECT: Nutrition and Health Committee Report from July 26th, 2023

Committee Members Present

Smita Dandekar (District 4)

Dr. Maria Munguia (Santa Paula COA)

Dr. Karen Gorback (CSL)

Anita Ruiz (BOS)

VCAAA Staff Present

Roger Horne (PIO) Dr. Benjamin Rhodes (DPO Manager)

- Welcome and Introductions The VCAAA Nutrition and Health Committee
 meeting was called to order at 12:33 pm. Dr. Gorback was acting chair in Lynette
 Harvey's absence. The committee did not reach a quorum with only 4 of 8
 members present at the time of roll call.
- 2. **Public Comment –** Dr. Benjamin Rhodes offered the opportunity to change the meeting time for the Nutrition and Health Committee for Fiscal Year 2023-2024. All members present agreed to keep the current meeting time.
- 3. **State Updates –** Dr. Rhodes informed the committee of the collected state and federal funds for Home and Community Based Services Waivers. Intergenerational funds remain the same but the deadline to spend has been extended to September 30, 2024. No action items at this time.
- 4. **Adjournment –** Meeting was adjourned at 12:46 PM. The next Health & Nutrition Committee meeting will be held on September 27, 2023 from 12:30 1:30 pm.

FROM: Alice Sweetland, Optimal Aging Committee Chair

DATE: July 26th, 2023

SUBJECT: Optimal Aging Committee Report from July 26th, 2023

Committee Members Present

Ron Berkowsky (Focused Population) Alvin Brown (Simi Valley COA) Denise Calhoun (District 2) Carol Leish (Disability) Sylvia Taylor-Stein (District 5)

Committee Members Absent

Blair Barker (Service Provider) Nancy Rowe (Camarillo COA) Alice Sweetland (Oxnard COA)

VCAAA Staff Present

Roger Horne (Public Information Officer) Monique Nowlin (Deputy Director) Rene Verduzco (Management Assistant)

1) Welcome and Introductions – The meeting was called to order at 2:07 pm. The committee reached a quorum with 5 of 8 members present. Carol Leish filled in as chair in Alice Sweetland's absence. There were no guests in attendance.

Motion: Approve Optimal Aging Committee Report – May 24, 2023

Moved by: Denise Calhoun, seconded by Sylvia Taylor-Stein

Result: Motion passed

- 2) Public Comments No public comments.
- 3) Legacy Awards Update Roger Horne informed the committee that VCAAA has been accepting nominations for the 2023 Legacy Awards on July 1, 2023. Roger ran a paid promotion on Facebook through the Agency page. Carol Leish wrote an article for the Ventura Breeze promoting the Legacy Awards. So far, we have received 4 nominations.

- 4) Update on Potential Collaboration with the County Executive Office, Arts and Culture Manager Monique Nowlin will meet with the CEO Arts and Culture Manager, David Yoshitomi, tomorrow July 27, 2023. Monique will propose the collaboration for older adults to submit paintings/artwork to be showcased at the County of Ventura's Hall of Administration. Results of the meeting will be presented at the next Optimal Aging Committee meeting on September 27, 2023. David Yoshitomi will be invited to attend.
- **5) Election of Chair for 2023/2024 –** The Optimal Aging Committee nominates Alice Sweetland as the chair for fiscal year 2023-2024.

Motion: Approve re-appointment of Alice Sweetland as committee chair.

Moved by: Denise Calhoun, seconded by Sylvia Taylor-Stein

Result: Motion passed

- 6) 2023/2024 Committee Goals Discussion The committee discussed pursuing intergenerational activities. Monique Nowlin suggested developing a "Grandparents Day" at local schools or perhaps a toolkit to deliver to schools. Ron and Denise proposed a technology workshop where university students teach older adults how to use technology.
- 7) Other None.
- **8) Next Meeting Schedule** –The next meeting is scheduled for September 27, 2023 from 2pm to 3pm. The meeting was adjourned at 2:39 pm.

FROM: Benjamin, Rhodes

DATE: July 21st, 2023

SUBJECT: Aging & Disability Resource Connection (ADRC) Committee Report

from July 21st, 2023

ADRC Committee Members Present:

Jennifer Griffin (ILRC) Sue Tatangelo (Consumer)

Staff Members Present:

Alexa Martin (ILRC Program Director)

Ben Rhodes (DPO Manager)

Denise Noguera (Call Center Manager)

- Call to Order The VCAAA ADRC Committee meeting was called to order at 1:06 pm.
 The ADRC Committee did not reach a quorum with only 2 of 4 members present at the
 time of roll call.
- 2. VCAAA ADRC Updates The Area Agency on Aging has officially moved under the Human Services Agency umbrella. Victoria Jump will be overseeing the newly formed Aging and Disability Services department including: VCAAA, In Home Support Services, and Adult Protective Services. The California Department of Aging has hired a new Brand Chief that will bring together the ADRC and Health Insurance Counseling and Advocacy Program (HICAP) together. Lasty, the \$10 million dollar budget for California ADRC has not been increased. Ventura County ADRC will need to continue operating with limited resources and funding.
- 3. Other Business None.
- **4. Adjournment –** Meeting adjourned at 1:32 pm. The next meeting of the ADRC Committee will be held on September 20, 2023.



VENTURA COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL MEETING SCHEDULE FY 2023-2024

All Advisory Council meetings are held in person. All sub-committee meetings are held via Zoom.

	Advisory Council	ADRC	Transportation	Housing	Senior Nutrition & Health	Optimal Aging	Workforce
July	July 12	July 19	July 12	July 18	July 26	July 26	July 21
	9-11 a.m.	1 - 2 p.m.	11:15 – 12:15 p.m.	2 – 3 p.m.	12:30 – 1:30 p.m.	2 – 3:00 p.m.	10 – 11 a.m.
August							
September	Sept 13	Sept 20	Sept 13	Sept 19	Sept 27	Sept 27	Sept 15
	9-11 a.m.	1 - 2 p.m.	11:15 – 12:15 p.m.	2 – 3 p.m.	12:30 – 1:30 p.m.	2 – 3:00 p.m.	10 – 11 a.m.
October							
November	Nov 8	Nov 15	Nov 8	Nov 21	Nov 22	Nov 22	Nov 17
	9-11 a.m.	1 - 2 p.m.	11:15 – 12:15 p.m.	2 – 3 p.m.	12:30 – 1:30 p.m.	2 – 3:00 p.m.	10 – 11 a.m.
December							
January	Jan 10	Jan 17	Jan 10	Jan 16	Jan 24	Jan 24	Jan 19
	9-11 a.m.	1 - 2 p.m.	11:15 – 12:15 p.m.	2 – 3 p.m.	12:30 – 1:30 p.m.	2 – 3:00 p.m.	10 – 11 a.m.
February							
March	March 13	March 20	March 13	March 19	March 27	March 27	March 15
	9-11 a.m.	1 - 2 p.m.	11:15 – 12:15 p.m.	2 – 3 p.m.	12:30 – 1:30 p.m.	2 – 3:00 p.m.	10 – 11 a.m.
April							
May	May 8	May 15	May 8	May 21	May 22	May 22	May 17
	9-11 a.m.	1 - 2 p.m.	11:15 – 12:15 p.m.	2 – 3 p.m.	12:30 – 1:30 p.m.	2 – 3:00 p.m.	10 – 11 a.m.
June							

New Member Orientation will be held on the 2nd Wednesday of (Aug, Oct, Dec, Feb, Apr, Jun) from 12 p.m. – 1:30 p.m. via Zoom. Please email rene.verduzco@ventura.org for the registration link.