

## **Case Management Services for Older Adults**

### ***Care Management to Help People Remain at Home***

The intent of the program is to prevent premature or inappropriate institutionalization of adults over the age of 60 by providing case management as well as comprehensive Information and Assistance services. There are no income criteria for the program. This program is designed to be a "gap-filler" which assists individuals at risk of institutionalization who are not receiving other case management services including MSSP or HCBA case management. The Care Manager is expected to use the client's informal support system and existing community services to their fullest capacity in assisting their clients. If other resources are unavailable to pay for services, CM staff will arrange for services through the Title IIIB funded ElderHelp program.

#### **To get these services, an individual must meet the following criteria:**

- Not currently receiving case management services from the Multipurpose Senior Services Program (MSSP); Home and Community Based Alternatives Waiver Program (HCBA), or other case management program
- Be 60 years of age or older
- Live in Ventura County
- Be at risk of institutionalization
- Be able to be maintained in the community through the use of the program
- Have a need for case management and be willing to participate in the program

### **Care Management Services**

Care management services include:

- Conducting home visits based on clients' needs and acuity
- Contacting clients, in-person or by phone, at least once a month
- Making a full review of the client's and family's needs
- Creating a Care Plan with the client to meet their needs through family/community resources
- Connecting the client to services that meet the Care Plan goals
- Reviewing the client's needs regularly to track the progress of services
- Helping the client keep services and find new ones

### **Coordinated Services**

Care Managers coordinate a wide range of services based on the client's needs including:

- Community-Based Adult Services (formerly Adult Day Health Care)
- Medical Equipment (Grab Bars, Hospital Beds, Bath Chairs, etc.)
- Non-medical Equipment (Medical Alert Systems, Ramps, Heaters, Fans, etc.)
- Supplemental Personal Care, Homemaker Chore Services, Caregiver Relief
- Transportation
- Home Delivered Meals
- Cash/material aid
- Counseling for Mental and/or Medical Issues