


Dr. Thomas K. Duncan
CHAIR, Elderly Fall Prevention Coalition
Monique S. Nowlin
DIVISION MANAGER, VCAAA



Summer Internship 2024 — J. Tom D. Duncan Fall Prevention Awareness Scholarship

As a Ventura County Fall Prevention Program Intern, you will be provided an opportunity to learn and work with a multi-disciplinary team of professionals to help prevent seniors 60 years old and over from falling.

The successful candidate will receive on-the-job assignments that entail the following:

- Assisting with and enrolling participants in evidence-based exercise classes
- Participating in Fall Prevention Program meetings with staff and volunteers
- Providing informational assistance to the public and industry professionals
- Providing administrative and data entry support
- Other related duties as assigned

The intern will be provided a mentor and supervisor to ensure a productive and engaging work experience, as well as provide oversight and instruction regarding the completion of the capstone project. Our goal is to help you build a work foundation upon which you can solidify and parlay into progressively responsible employment.

The internship duration is 8 weeks, with a 6-week minimum work requirement and presentation of a capstone project to Dr. Duncan the last week of the internship to earn the \$1,500 stipend. The additional 2 weeks is to allow time to finalize and submit your capstone project on Fall Prevention Awareness.

Minimum Qualifications:

- Be at least 16 years of age
- A minimum of 8 weeks of availability for internship
- Submission of a 500-word essay on why you want to compete for this internship, which includes a proposal on what you plan to focus on for your capstone project.

**Deadline: Submit your essay by Friday, May 31, to:
Fall.Prevention.Program@ventura.org**

This scholarship is in my father's honor. My father raised me to strive for excellence in all that I do. He also instilled in me the importance of giving back. I started the Elderly Fall Prevention Coalition when I recognized there was an inordinate number of falls coming through the emergency room. Falls are not a natural part of aging and can be prevented. When my father fell, his quality of life decreased dramatically as a result, and he has since passed away. I am part of his legacy and I wanted to create a meaningful way for his legacy to continue. When you complete this internship, I hope that you gain critical skills that will serve you as you journey forth in your educational and professional career. I also hope that you remember my father. You too will be part of J. Tom D. Duncan's legacy of striving for excellence in whatever you do and when you are in a position to do so, lend a hand to help the next generation up.

Sincerely,

Dr. Thomas K. Duncan
Trauma Medical Director, Ventura County Medical Center
Medical Co-Director, Anacapa Surgical Associates
Founder and Chair, Elderly Fall Prevention Coalition of Ventura County



J. Tom D. Duncan