

ALL ABOARD THE FALL PREVENTION TRAIN!



2024 FALL PREVENTION FORUM

SPACE IS LIMITED! PRE-REGISTER AT VCAAA.ORG/FALLS OR BY CALLING 805-477-7300

FRIDAY, SEPTEMBER 27
CAL LUTHERAN UNIVERSITY
GILBERT SPORTS & FITNESS CENTER
130 OVERTON COURT • THOUSAND OAKS

7:30 TO 9 A.M. — CHECK-IN, HEALTH ASSESSMENTS AND EXHIBITOR VISITS

9 TO 11 A.M. — MAIN PROGRAM

11 A.M. TO 12:30 P.M. — LUNCH, HEALTH ASSESSMENTS AND EXHIBITOR VISITS

*** FREE LUNCH FOR ALL GUESTS ***

*** PRIZE DRAWINGS ***

*** ZUMBA, TAI CHI & NUTRITION DEMONSTRATIONS ***

*** FREE IMMUNIZATIONS * FREE HEALTH & BALANCE SCREENINGS ***

KEYNOTE SPEAKERS



Dr. Thomas Duncan
D.O., F.A.C.S., F.I.C.S.
Trauma Medical Director,
Ventura County
Medical Center



Dr. James Hornstein
Medical Director,
Bioethics Program,
Community Memorial
Healthcare,
Ventura County Medical
Center

Ventura County
ELDERLY

Fall
PREVENTION
Coalition



COUNTY of VENTURA

Human Services Agency
Area Agency on Aging

CHOO-CHOO-CHOOSE TO LEARN HOW TO PREVENT FALLS!